

# Abdominal pain

Fully undress, perform observations, apply gown and wristband  
Check Allergies and Anticoagulant Medications

## ASSESSMENT

- Perform full A-E assessment (including BM)
- If upper/epigastric pain perform ECG and get it reviewed by Dr/ANP

## \*\*\*Red Flags\*\*\*

- EWS  $\geq 4$
- > 50 yr with abdominal/back pain
- History of trauma
- Post-surgical procedure
- Associated collapse/confusion
- Trauma
- Diabetic ketoacidosis
- Sepsis – follow IAT
- Pregnancy – follow IAT

No

Yes – consider cat 2

EWS < 3 &  
Mobilising

IAU Dr/ANP review

No

Yes

Move to Main  
Waiting Room  
and order bloods  
and ECG on EPR

## INVESTIGATIONS

- Cannulate and take VBG if any red flag or EWS  $\geq 3$
- FBC, UE, (INR if warfarinised, Coag if NOAC)
- LFT, Amylase if upper abdominal pain
- Serum (PHCG)/ Urine pregnancy test in female  $\leq 60$  yr
- Administer prescribed medications / give PGD

## PLAN

- Apply nursing orders e.g. Urinalysis
- Explain process to patient/relative
- Complete accountability handover to Majors Staff and NIC

