> J. YOUD

## CALDERDALE & HUDDERSFIELD NHS FOUNDATION TRUST A-KEASKIN AUTHORISATION AND RECORD OF AGREEMENT OF NAMED HEALTH PROFESSIONALS TO SUPPLY OR ADMINISTER MEDICINES UNDER: M. DAMES

## PATIENT GROUP DIRECTION FOR THE ADMINISTRATION AND SUPPLY OF **IBUPROFEN to ADULTS**

## BY REGISTERED HEALTH PROFESSIONALS **EMERGENCY DEPARTMENTS**

#### 1. **PGD AUTHORISATION**

Position	Name	Signature	Date
Acting Clinical Director of Pharmacy	Fiona Smith	Parith	23/3/13
Executive Director of Nursing	Brendan Brown	Jundan M	21/23/18
Medical Director	David Birkenhead	0 Bril	5813/18
Chairman of Medicines Management Committee	Anu Rajgopal	A-	29/3/18

**Date of Patient Group Direction:** March 2018

If revision please tick box 🔍

Valid Until: March 2020

**Review Date:** September 2019

Approved by the Trust Medicine Management Committee on: 2474 MAY 2018

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#### 2. CLINICAL CONDITION

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Indication  Relevant National and Local Guidelines/Information sources  Description of Patients included in treatment  Description of Patients excluded from treatment under the terms of this PGD	Patients with mild to moderate pain as first line pain relief For relief of inflammation As an anti-pyretic pain and fever relief  Licensed use Recognised anti-inflammatory therapy  Adults  Children (refer to Children's Ibuprofen PGD) Pregnancy History of peptic ulcer disease Known hypersensitivity to aspirin, ibuprofen or any other NSAID Asthmatics, cardiac, renal & hepatic impairment. Taking anti-coagulants or having any coagulation defect Patient taking any other NSAIDs, including aspirin Patients with coagulation disorders Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrase-isomaltase insufficiency Patients taking Lithium, Methotrexate, Tacrolimus,
	<ul> <li>Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrase-isomaltase insufficiency</li> <li>Patients taking Lithium, Methotrexate, Tacrolimus, Ciclosporin</li> <li>Patients taking any other interacting drug as listed in appendix 1 of the current BNF. Concurrent medication MUST always be checked for interactions before supply under the PGD.</li> </ul>
Action if excluded	Pregnancy     Refer to doctor, Advanced Clinical Practitioner or consider other analgesics
Action if patient self excludes/declines	Refer to doctor, Advanced Clinical Practitioner or consider other analgesics

### 3. TREATMENT

Name, form and strength of medicine	Ibuprofen 400mg tablet, Suspension 100mg/5mls
Legal Status GSL, P, POM	P
Dose	400mg – Adult

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Frequency of administration	See individual dosing regimes		
Method and route of administration	Oral		
Supporting facilities required	Full resuscitation capacity available		
Quantity to supply/administer	Ibuprofen 200mg, 400mg tablets – 24		
Duration of treatment	7 days		
Potential side effects	Nausea, diarrhoea, gastric upset, occasionally bleeding or ulceration, hypersensitivity reactions, fluid retention		
Advice to patient/carer	<ul> <li>To take with or after food</li> <li>Tablets to be swallowed whole not chewed</li> <li>Patient can take paracetamol based medication at the same time</li> <li>Do not exceed the stated dose</li> <li>Stop taking and report any wheeziness, or breathlessness, rash, indigestion, or black /tarry stools</li> <li>Patients should not take any other NSAID including aspirin (unless low dose aspirin 75-150mg prescribed by</li> </ul>		
Managing & Reporting Adverse Events  Follow up	<ul> <li>GP or consultant) at the same time</li> <li>All suspected adverse drug reactions occurring after treatment following this PGD must be reported to a senior medical practitioner responsible for the area in which the direction is in use</li> <li>The healthcare professional administering/supplying from the PGD must also report the ADR using Trust incident reporting procedure</li> <li>All serious adverse drug reactions should be reported to the MHRA / CSM using the Yellow Card System. Yellow cards and guidance on its use are available at the back of the BNF or at <a href="https://www.yellowcard.gov.uk">www.yellowcard.gov.uk</a></li> <li>As required by clinical condition</li> </ul>		
When to refer to doctor	Any reaction to medication		
Treatment record Specify method of recording supply/administration sufficient for audit trail	<ul> <li>Document in Electronic Patient Record in ED</li> <li>Prescription as PGD</li> <li>Name , dose, and frequency of drug,</li> <li>Volume/ quantity supplied</li> <li>Advice given, verbal or written</li> <li>Signed and dated</li> </ul>		

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#### 4. STAFF

Professional Qualifications	Registered Nurse, Physiotherapist or Paramedic Current NMC or HCPC Registration	
Any Exceptions to above	Bank and Agency Staff	
Specialist competencies, qualifications and experience	Trust PGD Training Programme (ED)- (to administer) Emergency Nurse Practitioner Programme or Advanced Clinical Practitioner Programme (inc. trainees)- (to Supply)	
Continuing training & education	Update in line with clinical guidance	

#### 5. MANAGEMENT AND MONITORING

O. MANAGEMENT AND MONTOKING		
Records to be kept for Audit Purposes	<ul> <li>STORAGE AND RETRIEVAL</li> <li>Pharmacy will retain the original signed version of the PGDs</li> <li>Adult – 8 years</li> <li>Children (under 18 years) As the requirement is until child is 25 years old or for eight years after child's dea and PGDs are not child specific – this would be indefinitely (at least a minimum of 43 years)</li> <li>Division/Author is responsible for keeping the record/retrieval method of those authorised to work unde PGD/signature sheet to comply with the above</li> </ul>	
Date of writing	March 2018	
Name of manager holding record of names of those authorised to work under this PGD	Louise Croxall Matron ED	

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**EMERGENCY DEPARTMENTS** 

Names of all authors of PGD (to include a Dr or Dentist)	Print Name: Janet Youd
,	Title: Emergency Nurse Consultant
	, , , , , , , , , , , , , , , , , , , ,
	Signature: January Lyonal Date: 20/3/18
	Print Name. Dr Mark Davies .
	Title: Emergency Medicine Consultant
	Signature: Date: 21   7   18
Lead Pharmacist involved in	
preparation of PGD	Print Name: Lisa Hodgson
	Signature:
	Date: 23/3/18
Approval of Clinical Director	1
	Print Name: // Mark Davies
	Signature:
	Date: 2 17/17

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This Patient Group Direction is to be read and agreed and this Authorisation and Record of Agreement signed by all Health Professionals who will administer and/or supply treatment using it. It is the responsibility of each professional to practice only within the bounds of their own competence

A copy of the Patient Group Direction and the original, signed Record of Agreement must be held together by the Ward/Departmental Manager/Community Team Leader.

'I confirm that I have read and understood the content of this Patient Group Direction and that I am willing to work under it within my Professional Code of Practice/Conduct.'

Name of Health Professional	Designation e.g. RGN	Signature of Health Professional	Signature of Ward/Departmental/Area Manager	Date