

## NEW ONSET ANGINA CLINIC – REFERRAL FORM

Name:	Referral Date:
Date of birth:	Confirmed appointment date/time:
Hospital number:	Referring GP:
Address:	Surgery:
Telephone number:	
Mobile number:	

Is the pain dull, constricting or burning and in the chest, neck, jaw or arms	Yes / No
Is it precipitated by physical exertion or stress	Yes / No
Is it relieved by rest or GTN in about 5 minutes	Yes / No

**If yes to all 3** the pain is typical angina – please start patient on aspirin + statin pending appointment

**If yes to none or one** the pain is unlikely to be cardiac – not appropriate for this clinic - consider other causes.

**If yes to 2 the pain may** be anginal – if the patient has risk factors (see below) please start on aspirin and statin pending appointment

if the patient has no risk factors they are at low risk and it would be reasonable to review symptoms after trial of GTN rather than refer.

Risk Factors (Please tick as applicable)	
Hypertension	<input type="checkbox"/>
High cholesterol	<input type="checkbox"/>
Family history IHD	<input type="checkbox"/>
Smoker	<input type="checkbox"/>
Diabetic	<input type="checkbox"/>

**Please order the following bloods  
 (to be available when patient attends clinic):**

FBC, Electrolytes, LFT, TSH  
 Fasting Glucose, Fasting Lipids.

(Bloods needed to rule out anaemia as cause of angina, assess patient's CVD risk, and fitness for angiography)

**Please ring Cardiology Department on 01422 224964 for an appointment date/time then fax this form to Cardiology Department on 01422 224012**

**Please attach a print-out of patient's past history and current medication.**

### SUITABLE PATIENTS

**Patients with suspected cardiac chest pain of recent onset and not under active follow-up in cardiology clinic.**

### EXCLUSIONS

- Acute Myocardial Infarction
- Unstable Angina (rest pain >15mins)
- Patients seen in A&E with atypical pain (refer to primary care) (A&E **consultant** can refer if pain typical – signature required)
- Patients with complex history of chest pain and multiple previous investigations (refer cardiology clinic)
- Patients seen by cardiologist in last year (refer relevant cons)