



Burns

Scald or burn injuries affect the skin in various ways depending on the depth and extent of the burn.

Most superficial burns should heal within 7 -10 days without any problems.

Most burns require a review in the Emergency Department after 1-2 days to ensure they are not getting deeper or becoming infected. This appointment is really important so if you cannot attend please phone to rearrange it.

If the burn is thought to be superficial then you will be advised to see your practice nurse or paediatric community dressings team for review.

Burns that are deeper or in very specific areas are more complicated and can take longer to heal. If your clinician thinks that your burn is more complex they will refer you to the Regional Burns Centre which is located at Pinderfields Hospital, Wakefield (WF1 4DG).

How to care for your burn

The burn will be dressed by the Emergency Department Nurses with a non-stick dressing covered with a bandage; this dressing must be kept clean and dry until you come for your review appointment.

If the dressing falls off please see your practice nurse or return to the Emergency Department immediately.

The dressing will provide pain relief however if the burn is still painful take painkillers such as Paracetamol or Ibuprofen.

We advise that you take painkillers 1 hour prior to coming to your review appointment.

What to look out for

The following signs may indicate infection. If any of these develop please seek medical advice;

- Fever
- Vomiting/Diarrhoea
- Red lines travelling away from the wound
- Increasing pain
- An offensive smell or discharge coming from the burn
- Fainting or feeling light headed
- Confusion or drowsiness

Long term care

As your burn heals the skin may become dry and itchy. This can be relieved by applying non-perfumed moisturizing cream such as E45 or Aqueous cream after washing.

Once the burn has healed it can be left exposed however it will be more sensitive to sunlight for up to 1 year so use high factor suncream to protect the skin from further damage.

Tell us your views

If you wish to discuss any aspect of your treatment and care, please speak to a senior member of staff or to the nurse looking after you. The matrons are also available during normal working hours and they welcome your views.

Friends and Family Test

Whatever your experience you can give feedback by answering the Friends & Family test question – How likely are you to recommend our A&E Department to family and friends if they needed similar care or treatment?

This can be completed online at <http://surveys.this.nhs.uk> using tag name **chftae** or by completing the form available within the department.

If you have any comments about this leaflet or the service you have received you can contact :

Manager

Emergency Department

Huddersfield Royal Infirmary

Telephone No: 01484 342396

www.cht.nhs.uk

or

Calderdale Royal Hospital

Telephone No: Halifax: 01422 222325

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Amennyiben ezt az információt más formátumban vagy nyelven szeretné megkapni, vegye fel a kapcsolatot fenti részlegünkkel.

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ میں یا زبان میں درکار ہوں، تو برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔