



Emergency Department Advice Sheet – Croup

Croup

Croup is caused by a viral infection which causes swelling in the breathing tubes, because children have narrow tubes this swelling causes narrowing leading to the barking seal-like cough.

Who gets Croup?

Croup is common from 3 months to 6 years, as children get older their breathing tubes get firmer and wider making croup less common.

What are the symptoms of Croup?

- Harsh, barking cough
- A hoarse voice
- Mild fever
- Struggling to breath or breathing faster
- Dribbling and not wanting to drink
- Restless and irritability
- Becoming pale, blue or limp

DO

Keep calm and reassure the child

Encourage oral fluids – small amounts frequently

Give liquid Paracetamol (Calpol) or Ibuprofen if your child has a fever

DON'T

Smoke near your child

Give cough medicines or decongestants

Try to give steam inhalation

How is Croup treated?

Most children don't require any treatment and can be cared for at home

If children are struggling to breath and have significant respiratory distress they may require a single dose of liquid steroids.

Most children recover quickly and can return home after treatment.

How long will it last?

Symptoms usually settle within a few days but the cough may last up to a week.

Tell us your views

If you wish to discuss any aspect of your treatment and care, please speak to a senior member of staff or to the nurse looking after you. The matrons are also available during normal working hours and they welcome your views.

Friends and Family Test

Whatever your experience you can give feedback by answering the Friends & Family test question – How likely are you to recommend our A&E Department to family and friends if they needed similar care or treatment?

This can be completed online at <http://surveys.this.nhs.uk> using tag name **chftae** or by completing the form available within the department.

If you have any comments about this leaflet or the service you have received you can contact :

Manager

Emergency Department

Huddersfield Royal Infirmary

Telephone No: 01484 342396

www.cht.nhs.uk

or

Calderdale Royal Hospital

Telephone No: Halifax: 01422 222325

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Amennyiben ezt az információt más formátumban vagy nyelven szeretné megkapni, vegye fel a kapcsolatot fenti részlegünkkel.

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔