



## Fever in Children

A raised body temperature (more than 37°C) is usually a sign of infection. A child with a fever can feel and look unwell; they may be hot and sweaty, shivery and flushed.

A fever is a sign that your child's body is fighting an infection.

### Things to help:

- Offer and encourage regular fluids
- Dress your child lightly
- If unwell or distressed give paracetamol (Calpol) if over 3 months old or Ibuprofen (if over 6 months old)
- Following the dosing instructions on the drugs - do not exceed the recommended doses
- Check on your child during the night
- Keep them off school or nursery while they are unwell

### Things to look out for:

If your child develops any of the following symptoms please return to the Emergency Department:

- Child has a fit
- Child develops a non-blanching rash, headache or neck stiffness
- You feel your child is getting worse
- Fever lasts for more than 5 days
- Develops signs of dehydration
  - Profuse vomiting (not keeping any fluids down)
  - Going 10 hours without passing urine
  - Dry mouth, tongue, lips or no tears when they cry
  - Sleepy or floppy child
  - Sunken soft spot on top of babies head

### Tell us your views

If you wish to discuss any aspect of your treatment and care, please speak to a senior member of staff or to the nurse looking after you. The matrons are also available during normal working hours and they welcome your views.

### Friends and Family Test

Whatever your experience you can give feedback by answering the Friends & Family test question – How likely are you to recommend our A&E Department to family and friends if they needed similar care or treatment?

This can be completed online at <http://surveys.this.nhs.uk> using tag name **chftae** or by completing the form available within the department.

**If you have any comments about this leaflet or the service you have received you can contact :**

Manager

Emergency Department

Huddersfield Royal Infirmary

Telephone No: 01484 342396

[www.cht.nhs.uk](http://www.cht.nhs.uk)

or

Calderdale Royal Hospital

Telephone No: Halifax: 01422 222325

[www.cht.nhs.uk](http://www.cht.nhs.uk)

**If you would like this information in another format or language contact the above.**

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Amennyiben ezt az információt más formátumban vagy nyelven szeretné megkapni, vegye fel a kapcsolatot fenti részlegünkkel.

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔