



Calderdale and Huddersfield **NHS**

NHS Foundation Trust

Emergency Department Advice Sheet – Sling Advice

Sling Advice

Slings are used for the treatment of arm, wrist and hand injuries to provide support and protection to the affected limb or to elevate the limb to reduce swelling and provide pain relief.

Slings can be worn under or over clothing as instructed by your clinician.

Do not wear rings on the injured hand as the swelling due to the injury may cause them to cut the blood supply off to and from the fingers on the affected limb.

High Arm Sling

The sling is used for –

- Supporting the upper limb with the hand in a raised position
- Some injuries of the hand and wrist to help control bleeding
- To reduce swelling in the affected limb

The arm can be slid in and out of these for hygiene purposes however untying these is not recommended.

Broad Arm Sling

This sling is used for-

- Support of the arm in a horizontal or slightly raised position
- Upper arm, wrist or forearm injuries

Application Method



The wrist should remain inline with or slightly higher than the elbow



The wrist and hand should be supported by the sling



The fingers should be free for observation of swelling or discolouration

Collar and Cuff

This sling is used for

- Wrist, hand and arm injuries to support fractured arms

The arm can be slid in and out of these for hygiene purposes however untying these is not recommended.

Tell us your views

If you wish to discuss any aspect of your treatment and care, please speak to a senior member of staff or to the nurse looking after you. The matrons are also available during normal working hours and they welcome your views.

Friends and Family Test

Whatever your experience you can give feedback by answering the Friends & Family test question – *How likely are you to recommend our A&E Department to family and friends if they needed similar care or treatment?*

This can be completed online at <http://surveys.this.nhs.uk> using tag name chftae or by completing the form available within the department.

If you have any comments about this leaflet or the service you have received you can contact :

Manager

Emergency Department

Huddersfield Royal Infirmary

Telephone No: 01484 342396

www.cht.nhs.uk

or

Calderdale Royal Hospital

Telephone No: Halifax: 01422 222325

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Amennyiben ezt az információit más formátumban vagy nyelven szeretné megkapni, vegye fel a kapcsolatot fenti részlegünkkel.

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔