

# 1. Acute Onset & Fluctuating Course

Is there an acute change in the patient's mental state e.g. more confused than usual?  
Does the confusion fluctuate during the day e.g. worse at certain times?

# 2. Inattention

Does the patient have difficulty concentrating e.g. do they struggle to keep track of conversations or are they easily distracted?

# 3. Disorganised Thinking

Does the patient have rambling or irrelevant conversations?

Is there an unclear or odd flow of ideas or jumping from subject to subject?

# 4. Altered Level Of Consciousness

Is this patient withdrawn, lethargic, difficult to rouse or are there signs of hyperactivity or hyperalertness?

Be aware that delirium can present as with both hypo- and hyper-activity

**Delirium Diagnosis Requires:  
Both 1. AND 2. + Either 3. OR 4.**