

# Health Care Worker COVID-19 Contact and Isolation Pathway

# Scenario 1

## Symptomatic Staff Member

### Action Card 1-**APPLIES TO VACCINATED AND UNVACCINATED STAFF**

**Staff member rings up line manager symptomatic of COVID-19 or develops symptoms whilst at work.**

- Immediately isolate at home or go home to isolate after submitting a COVID PCR swab.
- Staff member to contact occupational health department or testing team from home to arrange a PCR test if not arrange before

Negative PCR		Positive PCR	
1. Return to work, if they feel well enough and do not have a fever.		1. Remain at home and isolate, counting this as day zero.	
2. Complete a daily LFT for 10 days.		2. Complete lateral flow tests (LFT) on day six and day seven 24 hours apart.	
		Negative LFT	Positive LFT
		1. Return to work on day eight if pre shift LFT is negative. They must be afebrile.	1. Remain at home isolating.
		2. Manager to complete risk assessment.	2. Continue to lateral flow test daily 24 hours apart until 2 serial negative tests and asymptomatic then return to work. LFT should then continue daily to day 10.
		3. Complete lateral flow tests daily 24 hours apart before work up to day ten and send photo to manager. If any come back positive isolate until negative.	



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**Action Card 2-APPLIES ONLY TO FULLY VACCINATED STAFF WITH 1<sup>st</sup> AND 2<sup>nd</sup> DOSE with 2<sup>nd</sup> DOSE OCCURRING AFTER 14 DAYS**

Staff member rings up they are Asymptomatic with a household member who is symptomatic AND/OR Lateral flow positive AND/OR COVID PCR POSITIVE or they have been pinged by track and trace (If the staff member is symptomatic follow Action Card 1).

- If at work, submit a swab for PCR and go home to isolate (If required, a PCR for the household member can be expedited via Occupational Health if LFT positive). Isolate until negative swab comes back.
- Do not repeat PCR if staff member has tested positive in the last 90 days continue with LFTs
- Escalate via tactical command to expedite PCR when immediate shift cover is required or result is time critical
- Staff member to contact occupational health department or testing team from home to arrange a PCR test if not arrange before they left work.

## Negative PCR

- Return to work with the following risk mitigations.
  - Must be fully vaccinated with 1<sup>st</sup> and 2<sup>nd</sup> dose (If not fully vaccinated must isolate for 10 days).
  - They must not have fever.
  - PPE to worn at all times (masks and googles).
  - Must maintain 2 metre social distancing where possible.
  - No breaks to be taken with other colleagues.
  - Do NOT have contact with immunosuppressed patients.

2. Manager to complete risk assessment document.



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3. Staff member to complete self declaration document



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4. Lateral flow tests (LFT) to be complete daily prior to the start of each shift for 10 days and send to line a manager.

## Positive PCR

1. Remain at home and isolate, counting this as day zero.

2. Complete lateral flow tests (LFT) on day six and day seven.

## Negative LFT

1. Return to work on day eight if pre shift LFT is negative. They must not have a fever.

2. Manager to complete risk assessment.



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3. Complete lateral flow tests daily 24 hours apart before work up to day ten and send photo to manager. If any come back positive isolate until negative.

## Positive LFT

1. Remain at home isolating.

2. Continue to lateral flow test daily 24 hours apart until 2 serial negative tests and asymptomatic then return to work. LFT should then continue daily to day 10.

# Lateral Flow Testing Kits

The way you order Rapid Lateral Flow Tests has now changed

- Orders should now be placed via the online portal at <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests> or collected from a local pharmacy.
- You can also get a 'collect code' to pick up coronavirus (COVID-19) rapid lateral flow tests from a pharmacy. [Click here to get a collect code](#) now or you can [find a pharmacy near you](#) where you can collect rapid tests.

# Helpful Contact Numbers

- **Occupational Health**
  - CRH 01422 (22) 2037 (one telephone line feeds several occupational health team phones).
  - The telephone lines are open from Monday to Friday 8.00am to 5.00pm.
  - Out of open hours the named colleagues will monitor and advise on swab results. They will be contactable through switchboard between 9am and 12.30pm for urgent Covid related OH enquires / escalation.
  - Outside of these times, clinical commanders can arrange PCR testing directly with the swabbing teams led by Kate Frost
- **Microbiologist**
  - On call through hospital switchboard.
- **Infection Control**
  - On call through hospital switchboard.
- **Clinical Commander**
  - HRI 07584387144
  - CRH 01422 223421
- **Matron**
  - On call through hospital switchboard.

# Useful Forms

## Staff Member Self Declaration Form



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## Manager Risk Assessment Form



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## Return from Abroad

[https://intranet.cht.nhs.uk/fileadmin/site\\_setup/contentUploads/Communications/Documents/Wuhan\\_coronavirus/CHFT\\_overseas\\_travel\\_and\\_return\\_to\\_the\\_UK\\_guide\\_Updated\\_3\\_December\\_2021.pdf](https://intranet.cht.nhs.uk/fileadmin/site_setup/contentUploads/Communications/Documents/Wuhan_coronavirus/CHFT_overseas_travel_and_return_to_the_UK_guide_Updated_3_December_2021.pdf)