

SOP Title	CHFT Emergency Department Minor Injuries Unit patient criteria		
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Author	Emergency Nurse Practitioners Graham Murphy and Diccon Lowe		
Approved by			
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SOP Objectives	To ensure patient who present with a primary complaint of a minor injury to either the CRH/HRI Emergency Department (ED) are streamed and cared for within the most appropriate ED care group
Scope	<p>The purpose of this document is to:</p> <ul style="list-style-type: none"> <li>• Empower the ED team with clinical information to ensure patients are streamed to the most appropriate care group within the ED.</li> <li>• To ensure patients who present to the ED with a primary complaint of a minor injury are risk assessed and deemed to be clinically appropriate to be cared for through the Minor Injuries care group.</li> <li>• To ensure patients who present to the Emergency Department with a mechanism of injury that is susceptible to deterioration are streamed and cared for within the most appropriate Emergency Department care group.</li> </ul>

## CHFT Emergency Department Minor Injuries Unit exclusion criteria

### **Complete exclusions from Minor Injuries:**

- All children under 1 year old.
- All genital injuries.
- Non-accidental injuries.
- Abdominal injuries.
- Deliberate self-harm – ENP happy to review wounds/give advice in ED Majors.

### **Senior ED Clinician (Reg or above) discussion and documented decision making required for:**

- All patients who have a National Early Warning Score (NEWS) of  $\geq 3$
- All Patients who fulfil the silver trauma criteria.
- Domestic Violence injuries.

### **Injuries to limbs (shoulders to fingers and hips to toes) with**

- Neurological or vascularly compromised limb (pulseless and or numbness and weakness)
- Non-weight bearing hip injuries
- Dislocated Shoulders
- Deformed Ankle/elbow/knee

### **Wounds and burns:**

- Arterial bleeds
- Wound to chest or abdomen where the depth cannot be confirmed (example stab or penetrating wounds)
- Flash burns to face (risk of inhalation injuries)
- Electric shocks
- Wound complications from surgery that are not injuries (example wound swelling or discharge from c-section wound)
- Extensive burns greater than 10% TSBA

### **Head injuries:**

- Age more than 65
- Intoxicated
- GCS  $< 15$
- On anticoagulation
- Dangerous/Significant MOI (example assaulted with hammer) (Pedestrian or Cyclist hit by motor vehicle, Ejection from motor vehicle, fall greater than 1M or 5 steps)
- Non ambulatory (eg struggling to mobilise due to dizziness)
- Head injury returns that are not wound related
- Vomiting more than 1 episode in adults 3 in children (episode of vomiting are separated by 30mins)
- C spine tenderness
- LOC or amnesia
- Bleeding or clotting disorder
- mechanism of injury More than 30 minutes retrograde amnesia

**Eye conditions, FB's, red eyes with or without pain, floaters:**

- Sudden loss of vision
- Eye pain with normal looking eye
- Unwell (NEWS  $\geq 3$ )

**RTC with minor head injuries, Neck and back pain or Limb injuries:**

- Greater than 40 mph single or combine speed
- Significant history (rolled over, other fatalities or seriously injured passengers)
- Bike/pedestrian vs car (unless simple isolated limb and slow speed impact) **Please discuss with senior ENP.**
- Sternal Injuries
- Abdominal pain
- C spine tenderness

**Mechanical back pain (related to minor trauma or activity, worse on movement eased by rest):**

- Age > 65
- Non-WB
- Already on strong opioid analgesia
- Red flags for cauda equina
- Significant MOI (fall of greater than 1 meter or 5 steps)
- Flank pain

**Simple cellulitis:**

- On antibiotics treatment already
- One or more Co-morbidities (DM, lymphoedema, PVD etc)
- Systemically unwell with a NEWS score  $\geq 3$

**Needle sticks and human bites:**

- Known high risk donor (IVDU or sex works)

**Chest Injuries:**

- Severe pain
- Respiratory symptoms (SOB, haemoptysis, productive cough)
- Resp >20 Sats <95% On room air
- Significant Mechanism of Injury (1 meter or 5 steps)
- Abdominal pain
- Penetrating injuries
- Sternal injuries

**Non-traumatic limb pains, (Shoulders to fingers and knees to toes) acute pain and swelling to a joint:**

- Shoulder pain that is not worse on movement/touch
- Non traumatic chest pain
- Possible DVT
- Possible ischaemia (cold, numbness, history of PVD)
- History of temps or feeling unwell
- Non-weight bearing limping children
- Polyarthritis (multiple joint swelling and or pain)